

Orthopedic Institute

EXCELLENCE IN MOTION

Trinity Health System strives to bring the best treatment options and expert care to the region.

Trinity Orthopedic & Spine Institute provides a complete multi-disciplinary approach, focusing on the diagnosis, treatment and prevention of injuries and diseases of the musculoskeletal system.

Trinity Orthopedic & Spine Institute offers the region's most comprehensive orthopedic care from an expert team of renowned physicians. From nonsurgical treatment to surgery and post-surgical rehabilitation, the Institute provides coordinated care, offering all of its services in one convenient location and allowing patients to be diagnosed and receive rehabilitation plans in the same day.

From diagnosis to recovery, our expert team, state-of-the-art equipment, advanced treatment options and imaging technology elevates Trinity Health System's level of care to the community. This enables our patients to receive excellent treatment close to home and gets them back into motion quickly.

MEET OUR TEAM

- [Kumar B. Amin, MD](#)
- [Thomas B. Hughes Jr., MD](#)
- [Stephen F. Conti, MD](#)
- [Mark A. Fye, MD](#)
- [Michael A. Scarpone, DO](#)
- [Edward D. Snell, MD](#)
- [Justin Baker, DC, MS, CCSP](#)
- [Milton E. Swaby, MD](#)

ORTHOPEDIC & SPINE INSTITUTE:

The Trinity Orthopedic & Spine Institute consists of the most highly trained professionals in the region.

Providing state-of-the-art procedures, clinical expertise and decades of combined experience, the Trinity Orthopedic & Spine Institute team is among the region's best in the treatment of joint reconstruction, spine surgery, sports medicine and physical medicine and rehabilitation. With specialized training, board certification and years of clinical expertise within concentrations specific to orthopedics and the spine, Trinity's expert team is able to offer the most advanced treatment options and comprehensive care for each patient at Trinity Health System.

Working with the latest technologies and state-of-the-art procedures, our team provides specialized treatment programs for:

- **Bone & Joint Care**
- **Spine Care**

- **Sports Medicine**
- **Physical Medicine & Rehabilitation**

PHYSICAL MEDICINE & REHABILITATION

At Trinity, physical medicine and rehabilitation are important aspects of orthopedic care. A team of dedicated experts is focused on working to restore function and mobility to patients with injuries to the bones, muscles, joints, tendons, ligaments and related areas of the musculoskeletal system.

Trinity's physicians and rehabilitation specialists are trained to provide a wide range of services to patients who are suffering from injury or loss of mobility due to illness. They understand each patient's unique needs and work to develop specific treatment plans to achieve the best results for each patient.

Throughout the treatments, the physicians and rehabilitation specialists work together to help reduce pain and restore strength and functionality, with a return to daily activities as quickly as possible.

Our physicians offer treatment options for the following:

- **Physical Therapy**
- **Occupational Therapy**
- **Spine Rehab**
- **Neuromuscular**
- **Physiatry**

SPORTS MEDICINE

Trinity Sports Medicine is a multi-disciplinary program that specializes in athletic training, physical therapy and the latest in regenerative medicine and biologics to get athletes back in action fast.

From pre and post-operative visits to treatment and rehabilitation, the goal of Trinity's Sports Medicine program is to ensure the best recovery experience for each patient by providing a comprehensive and diversified program of prevention, evaluation, treatment and rehabilitation.

Our physicians offer treatment options for the following:

- **Sports Medicine**
- **Athletic Training**
- **Concussion Testing and Management**
- **Performance Enhancement and Functional Movement Training**
- **Bracing and Orthotics**
- **Imaging and Diagnostic Ultrasound**
- **Regenerative Therapy**
- **Spinal Manipulative Therapy**
- **Soft Tissue Injury Management**

BONE & JOINT CARE

Bone and joint conditions, whether from injury or disease, can affect many areas of everyday life and activity. Trinity physicians and staff understand the suffering that can result from a bone or joint condition. They are dedicated to restoring function for each patient as quickly and safely as possible through clinical expertise, accurate diagnosis and effective treatment plans. Highly skilled

physicians, along with the most advanced diagnosis and treatment technology, will be able to develop a treatment plan specifically fit to meet the patient's needs.

Our physicians offer treatment options for the following:

- [Knee](#)
- [Hip](#)
- [Foot and Ankle](#)
- [Shoulder, Elbow and Hand](#)

SPINE CARE

The Trinity Spine Care program provides the most advanced treatment for spinal diseases and injuries of the neck and back. Spine Care features state-of-the-art medical equipment and treatment options along with a team of specialists and therapists that have one common goal in mind: to provide pain relief and improvement for each patient's condition. Trinity Spine Care specializes in education, prevention and treatment of neck and back pain, as well as spinal disorders, to improve each patient's quality of life.

Our physicians offer treatment options for the following:

- **Cervical, Thoracic and Lumbar Disc Disease Care**
- **Adult Compression Fractures**
- **Cervical and Lumbar Spinal Stenosis**
- **Scoliosis and Spinal Deformity**
- **Arthritic Conditions of the Spine**
- **Cervical and Lumbar Artificial Disc Replacement**
- **Minimally Invasive Discectomy**
- **Kyphoplasty**